The mission of YAR is to support communities of professionals serving youth and families, and to provide them with affordable continuing education. The 19th Annual Youth at Risk Conference features two keynote speakers and 38 morning and afternoon workshops.

FRIDAY
MAY 31, 2019
8 am–4 pm
Salem State University
O’Keefe Complex, 225 Canal St.

Registration
Fee $100 per person. Register early as workshop space is limited.
Price includes continental breakfast, lunch, and CEU’s.
Registration is online only at salemstate.edu/yar. See in-depth workshop descriptions online.

Continuing Education
Applications for NASW, LMFT, LMHC, CPCs, EEC continuing education credits have been submitted for approval. CEUs will be awarded via email upon completion of conference survey. Click for YAR conference emails for further information and visit salemstate.edu/YAR for the status of CEU accreditation.

Networking and Exhibition
Participants will have an opportunity to network and gather resources from over 40 nonprofit organizations and businesses, including sponsors Salem State University and Lahey Health.

Program Artwork
Daniella Cameron Santos, Alisa Colon, Esmirra De la Cruz, Alyssa Jimenez, Freddy Moloney

Sponsorships
To learn more about YAR sponsorship opportunities, please contact Taylor Dunn, Salem State University Advancement Events and Sponsorships at tdunn@salemstate.edu.

Thank You To Our Sponsors (as of March):

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Peter and Elizabeth C. Tower Foundation

Presidential Sponsors
Edward B. and Winifred D. Moseley Foundation
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Margaret M. Collins Charitable Trust
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erieham College, Salem Five Charitable Foundation

For access information, visit salemstate.edu/access or email access@salemstate.edu.
ADV to form a new happiness habit. Pam's mission is to inspire, lead and coach so that we can deepen our connection to life and make meaningful change in a way that is fun and sustainable. She draws on her training as a coach and her passion for happiness research to deliver engaging workshops and retreats. Pam is on a mission to help others around the world create a habit of happiness.

Seven Ways to Feel Happier, Instantly!

Pam Garramone, MEd

She is the author of "Seven Ways to Feel Happier, Instantly!" and has been recognized as a “Happiness Incubator” by the Boston Globe. Pam is also a keynote speaker and coach to organizations, schools, and individuals around the world.

11:20 – 12:10 pm // Afternoon Workshops

10B Positive Youth Development: Investing in Positive Mental Health and Social Skills

Laura Lee, Influential Youth

11B Improving Permanency Outcomes for the Most Vulnerable Youth

Caryn Lister, LICSW, Plummer Youth Promise

12:15 – 1:15 pm // Lunch and Networking

1:15 – 2:05 pm // Afternoon Keynote: Pamela Garramone, MEd

Seven Ways to Feel Happier, Instantly!

Pam Garramone, MEd

Everyone wants to be happy. It is a true mindset. Working with youth and families who are at risk take up a lot of energy, we often don’t prioritize ourselves. Pam Garramone, believes that happiness is a state of being. She is a teacher of Positive Psychology with many audiences. She is a life coach and founder of Thrive Now Boston: a happiness incubator. She has been awarded a grant from the MSSAA Gerald H. Silverman Friend of the Association Award and MIAA Wellness Partner of the Year Award. In this interactive presentation, you will learn why happiness matters, practice science-based activities that will increase happiness and wellbeing instantly and learn how to format a new happiness habit. Pam's mission is to inspire, lead and coach so that others can learn about positive psychology.

pamgarramone.com

2:20 – 3:50 pm // Afternoon Workshops

1B Human Centered Technology and “Think of Us” Demonstration

Sixto Cancel, founder and CEO of Think of Us—Using Tech and Data to Rethink Permanency

Sixto’s lived experiences in foster care fuels his passion for shifting system policy and practice through the use of technology and data. As CEO of Think of Us, Sixto co-led the design and execution of the first ever White House Foster Care Taskforce Technology Working Group, which resulted in new federal regulations, new funding for tech, and six additional technology initiatives, and helped shift the national conversation about foster care tech. Sixto has participated in over 35 convenings as a panelist, keynote or presenter. Sixto has served as a young friend at J CSI Youth Opportunities Initiative since 2010, where he has worked on youth engagement, asset development and permanency.

thinkof-us.org

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