

Service Road Map for Youth*

Service Provided	Description	Payer	How to Access
Community-Based Services			
Children's Behavioral Health Initiative (CBHI) <ol style="list-style-type: none"> 1) Outpatient Mental Health Services 2) Community Service Agency (CSA) <ol style="list-style-type: none"> a) Intensive Care Coordination (ICC) b) Family Support and Training (FS&T or Family Partner) 3) In-Home Therapy (IHT) 4) In-Home Behavioral Services (IHBS) 5) Therapeutic Mentor (TM) 	<ol style="list-style-type: none"> 1) Outpatient therapy and/or medication management <ol style="list-style-type: none"> 2a) A service that facilitates care planning and coordination services for youth with serious emotional disturbance (SED), under the age of 21, and enrolled in MassHealth Standard or CommonHealth. 2b) A service that provides a structured, one-to-one, strength-based relationship between a Family Partner and a parent/caregiver. 3) A structured, consistent, strength-based therapeutic relationship between a licensed clinician and the youth and family for the purpose of treating the youth's behavioral health needs. 4) Offers a combination of medically necessary Behavior Management Therapy and Behavior Management Monitoring. 5) Offers structured, one-to-one, strength-based support services between a therapeutic mentor and a youth for the purpose of addressing daily living, social and communication needs. 	MassHealth (select private health insurance providers offer similar services)	<ul style="list-style-type: none"> • Apply for MassHealth • Anyone can refer a child to ICC or IHT, including the parent/guardian • ICC, IHT or outpatient therapist must refer child/family to FS&T and TM
Support and Stabilization	The Department of Children and Families (DCF) contracts with community-based service providers to offer solution-focused, family-centered, home-based services designed to assist families by improving parenting and family functioning while keeping children safe.	DCF	DCF
Intensive Flexible Family Support Services (IFFSS)	Family Systems Intervention (FSI): Intensive home-based family treatment Individual Youth Support (IYS): Community-based mentoring Youth Support Group (YSG): Recreational after school and weekend group activities Collateral Contacts (CC): Clinical consultation	Department of Mental Health (DMH)	DMH
Mobile Crisis Intervention (MCI)	Short-term service that is a mobile, on-site, face-to-face therapeutic response to youth experiencing a behavioral health crisis for the purpose of identifying, assessing, treating and stabilizing the situation and reducing immediate risk of danger. Provided 24 hours a day, 7 days a week. *Clinicians are able to support families in crisis for up to 7 days after the initial evaluation is completed.	MassHealth or select private health insurance providers (some agencies will see clients without insurance)	Call 1-877-382-1609
Residential Services			
Intensive Residential Treatment Program (IRTP-Adolescents) Children's Intensive Residential Treatment (CIRT-Latency Age Children) *CIRT not available in Eastern MA.	Time-limited mental health services provided in a secure residential setting. Recipients of IRTP are in need of structure and assistance from 24-hour mental health staff and at risk of significant functional deterioration if they do not receive these services. They are designed to develop and enhance psychiatric stability, personal and emotional adjustment, self-sufficiency and skills to live more independently.	DMH Special Education in Institutional Settings (SEIS)	Acute inpatient referral only

*Additional services for youth will be included in next year's Service Road Map. For suggestions, please contact YAR@salemstate.edu.

Service Provided	Description	Payer	How to Access
Caring Together <ol style="list-style-type: none"> 1) Residential School 2) Group Home (GH) 3) Intensive Group Home (IGH) 4) Pre-Independent Living 5) Independent Living 6) Family Partner 7) Follow-Along/Stepping Out 8) Continuum Services 9) Stabilization, Assessment and Rapid Reintegration (STARR) 10) Comprehensive Foster Care (formerly known as Intensive Foster Care through DCF or Therapeutic Foster Care through DMH) 	Caring Together allows residential services to integrate with community services through DCF and DMH. <ol style="list-style-type: none"> 1) Intensive treatment in a nurturing therapeutic environment through residential care. 2) Residential treatment in a safe, structured home-like, living environment focused on integrating residents into the community. 3) Integrated mental health, occupational therapy and nursing services combined with direct care staff. 4) Staffed residence to coordinate therapeutic, educational, and vocational services as well as counseling services and crisis intervention. 5) Supports clients who have developed basic living skills but are not yet ready for complete independence. 6) A pilot program to test a Family Partner service for parents and caregivers of youth receiving DCF/DMH's Caring Together residential services. 7) Community-based transitional support services which will assist youth in making successful transitions in to the community from group home settings. 8) Community-based wraparound services designed to maintain youth within their homes. 9) Campus-based short-term placement services, including emergency shelter and intensive short-term assessment and therapy. 10) Comprehensive services and placements for children who enter the Foster Care program and have typically been placed in order to ensure their safety and security. 	MA Department of Elementary and Secondary Education (DESE)/ Local Education Agency (LEA) DCF/DMH	Contact assigned DCF/DMH worker
DCF Foster Care	Foster care placement for children who have been placed in the custody of DCF. This placement may be a licensed foster home which DCF has assessed and approved, a kinship placement, or a child-specific foster home which DCF will assess if appropriate.	DCF	DCF
Hospital-Level Services			
Community-Based Acute Treatment (CBAT)	Treatment provided to youth with serious behavioral health disorders who require a 24-hour-a-day, seven-day-a-week, staff-secure treatment setting. It provides crisis stabilization, therapeutic intervention and specialized programming with a high degree of supervision and structure.	MassHealth and various private health insurance providers	Must be screened through MCI
Intensive Community-Based Acute Treatment (ICBAT)	Treatment provided to youth with serious behavioral health disorders who require a higher level of service than those in CBAT programs, including daily psychiatry and increased milieu support.	MassHealth and various private health insurance providers	Must be screened through MCI
Acute Inpatient Treatment	Intensive psychiatric stabilization in a secure 24-hour facility.	MassHealth and various private health insurance providers	Must be screened through MCI or private insurance screening process
Continuing Care	Secure treatment for youth who are considered to be a danger to self or others due to mental illness.	DMH	Acute inpatient referral only