



## Day in Review

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8:00-8:45	Registration, Breakfast, Exhibition & Networking
8:45-9:00	Welcome Reverend Mike Duda, YAR Founder, Master of Ceremonies John D. Keenan, President, Salem State University
9:00-9:10	Diruhi Mattian Memorial Award
9:10-9:15	Conference housekeeping announcements
9:15-10:15	Morning Keynote Speaker: Sixto Cancel
10:40-12:10	Morning Workshops See <b>Workshop Agenda</b> for room locations
12:15-1:00	Lunch & Networking
1:00-1:15	Music Performance: Andover Show Choir
1:15-2:05	Afternoon Keynote Speaker: Pamela Garramone, Med
2:05-2:08	Conference housekeeping announcements
2:15-3:45	Afternoon Workshops See <b>Workshop Agenda</b> for room locations

**CEU's will be awarded electronically after your conference survey is completed.**

The survey link will be emailed at 3 PM and the unique access code distributed at the afternoon workshops. A PDF of your CEU certificate(s) is available for download immediately following your survey completion.




There will be volunteers and computers available in Gassett Center Atrium beginning at 3 PM to assist. There will be a printer available to print your certificate(s) immediately.

Downtown Salem-Commuter Rail  
(1.5 Miles)




 **Salem** | **STATE UNIVERSITY**


### Central Campus


-  Classroom Building (CC) / Bertolon School of Business
-  Viking Residence Hall (VH)
-  Walking Directions


### O'Keefe Complex (OK)

Twohig Gymnasium  
Rockett Arena

 Parking

 Handicapped Parking

 Emergency Phone

 Accessible Entrance

For accommodations and access information, visit [salemstate.edu/access](http://salemstate.edu/access).



## What You Need To Know

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### Finding Your Workshop

- Please refer to the **Workshop Agenda** in your packet for your workshop's building (color coded) and room number:  
**O'Keefe Complex (OK) – Orange**  
**Bertolon School of Business Classroom Building (CC) – Red**  
**Viking Hall (VH) - Blue**
- When leaving the Rockett Arena look for large signs to direct you to the best exits for either the O'Keefe Complex, Bertolon School, or Viking Hall classrooms.
- Bertolon School of Business Classroom Building and Viking Hall are an approximate 5-10 minute walk. Please plan accordingly.
- There is a list of workshops and room assignments at the entrance of each building.
- There are volunteers in each building if you have a question or problem.
- There is an information table located in the atrium of the Gassett Center, where you registered.

Please attend the workshops listed on your badge, as space is limited. If you wish to attend a workshop other than the one you registered for, please wait at the door to see if there is space.

### Evaluations and CEUs

The conference evaluation will be sent to all attendees via email in the form of an online survey at 3 PM. To receive your CEUs you must complete the evaluation.

To access the evaluation you will need the unique access code. This will be distributed and publicized at the afternoon workshops. A PDF of your CEU certificate(s) is available for download immediately following your survey completion.

The evaluation survey and CEU download is available until Friday, June 28<sup>th</sup> and each respondent will be entered into a drawing for a free attendance waiver for YAR 2020.

**In an emergency, dial 6111 from any campus phone or 978-542-6111 from a non-campus phone.**

Join the conversation on Facebook, Twitter, and Instagram!  
**#SalemStateYAR**

## **CEU Process**

Please be sure you have signed in at registration and complete your conference evaluation, if you wish to receive a certificate of attendance or CEU's in one or more of the following:

- Licensed Mental Health Counselors
- Social Workers
- Licensed Family and Marriage Therapists
- CAFL/Children and Family Law
- Early Education and Care

To access the evaluation and receive your certificate you will need an access code that will be posted at the afternoon workshops. A PDF of your certificate is available for download immediately following your survey completion.

There will be volunteers and computers available in the Gassett Center Atrium beginning at 3 PM to assist. There will be a printer available.

## **Community Resource Manuals**

In collaboration with Children's Friends and Family, A Division of JRI and Pathways for Children, we are able to provide 2019 YAR participants with a free copy of the Community Resource Manual. If you wish to have a hard copy, they are available at registration. Electronic copies are available online at [saalemstate.edu/YAR19manual](http://saalemstate.edu/YAR19manual).

This comprehensive guide provides listings of available community resources in the Merrimack Valley area including schools, government agencies, hotlines and the many organizations that serve children and families.

YAR alternates updating the Community Resource Manual between the North Shore and Merrimack Valley communities each year. If you are interested in obtaining a copy of the 2018 North Shore Community Resource Manual, a limited number are for sale for \$5 at the registration table.

## **Wifi Directions**

Please see instructions in your folder to connect to the network titled, SalemState-Open.

Username: YatR2019

Password: YatR2019

Join the conversation on Facebook, Twitter, and Instagram!  
**#SalemStateYAR**



## 2019 WORKSHOPS

<b>Morning Workshops 10:40 AM-12:15 PM</b>	<b>Presenter</b>	<b>Building &amp; Room #</b>	<b>Status</b>
1A-#hackfostercare-	Sixto Cancel	Bertolon-129	FULL
2A-Honoring Our Children	Jeanine Fitzgerald	Bertolon-111	FULL
3A-Using Film to Connect	Kurt Neale	Bertolon-237	FULL
4A-Demystifying Student Discipline	Catherine Lyons Peter A. Hahn,	Bertolon-271	FULL
5A-Treat Yourself to Self-Care and Balance	Theresa Melito-Conners	O'Keefe-213/214	OPEN
6A-Preventing Loneliness and Social Isolation	Stephanie Coulliard, Sarah Chan	Bertolon-243	FULL
7A-Grandparents Raising Grandchildren	Meegan Simpson-Best, Matthew Peiken	Bertolon-275	OPEN
8A-Express Yourself	Paula Conrad, Stan Strickland	O'Keefe-225	FULL
9A-Student Athletes and Mental Health	Jim Howland	Bertolon-137	OPEN
10A-Improbable Players	Andy Short	Bertolon-135	OPEN
11A-Culturally Responsive Family Engagement	Gayl Swaby	O'Keefe-102	FULL
12A-Sensory Nature of Attachment	Katherine Walbam	Bertolon-244	FULL
13A-Innovative Treatment Strategies to Support Trauma	Jana Pressley	Bertolon-Recital Hall	FULL
14A-Opening up the Conversation	Jake Cavanaugh	Bertolon-236	FULL
15A-Marijuana and the Developing Brain: Shawn Markey	Sarah Ward	Viking Hall - 123	FULL
16A- Coming Out: Athena JT, Samantha TB	Matthew Doyle	Bertolon-248	OPEN
17A- Tech Effects	Meghan McCoy	O'Keefe-103	FULL
18A- Unaccompanied Minors	Jasiel Fernandez, Alexandra Peredo-Carroll	Bertolon-112	OPEN
19A-Immigration: Know your Rights	Emily Leung	Bertolon-238	OPEN
20A-Putting on New Lenses	Elspeth Slayter, Latoya Ogunbona, Lisa Johnson	O'Keefe-220	OPEN



## 2019 WORKSHOPS

Afternoon Workshops 2:15 – 3:45 PM	Presenter	Building & Room #	Status
1B-Human Centered Technology	Sixto Cancel	O'Keefe-129	FULL
2B-Unstrung Heroes	Jeanine Fitzgerald	Bertolon-111	FULL
3B-Using Film to Connect	Kurt Neale	Bertolon-237	FULL
4B-Prosecuter Led Juvenile Diversion	Michael Glennon, Nicole Robbins	O'Keefe-225	FULL
5B-Understanding Reasonable Efforts	Elizabeth Melo, Kerry Ahern, Jessica Berry	Bertolon-236	FULL
6B-Gangs in 2019	Tommy Brooks	Viking Hall-123	FULL
7B-Emotional Fitness and Mediation	Susan Cooper	Bertolon-Recital Hall	OPEN
8B-The (R)evolution of Me	Madeline Pario, Natalie Blue	Bertolon-112	FULL
9B-Safe Spaces	Michaela Gile	O'Keefe-102	FULL
10B-A Mother's Journey through her Child's Addiction	Deb Wilson	Bertolon-275	FULL
11B-Improving Permanency Outcomes	Caryn Lister, Christina Brackett	Bertolon-238	FULL
12B- Positive Youth Development	Andrea Egmont, Tina Los	Bertolon-244	FULL
13B-Mental Health Matters	Myisha Rodrigues	O'Keefe-103	FULL
14B-Addressing the Trauma of Community Violence	Charlene Luma	Bertolon-243	FULL
15B-My Life My Choice	Amy Corbett	O'Keefe-213/214	OPEN
16B-Diversity and Inclusion in the Workplace	Merion-Billings, Mike Cherry	Bertolon-137	FULL
17B-Understanding the Rights of LGBTQ Students		Bertolon-135	FULL
18B-Issues for Immigrants Seeking Public Benefits	Naomi Meyer	O'Keefe-220	FULL



## 2019 Diruhi Mattian Award Winner

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**Eric Cousineau** has been a Social Worker at the Greater Lowell Department of Children and Families for over 25 years with the majority of his time focusing on adolescents who are at risk. He strives to help youth achieve independence while also helping them to achieve permanency and lifelong connections. Over the last sixteen years, Eric has been instrumental in addressing youth homelessness for 18-22 year old aged youth who are involved with DCF. He has helped develop two programs that target this age group ensuring youth have a place to call home. Initially he worked with the Sisters of Charity in Ottawa, Canada who have an order in Lowell to develop housing for girls. Then about six years ago, he worked in partnership with Community Team Work Inc from Lowell and The Caleb Group in Lynn to develop low income housing opportunities for boys. The criteria for both programs is that they must be involved with DCF at the time of age 18 but are now between the ages of 18-22, still involved with DCF and who are working or going to school. Both these programs have serviced over two hundred youth since their inception allowing many to achieve stability and permanency in their lives. Eric works many hours ensuring the youth have support 24 hours a day.

The words that best describe Eric are "outstanding", "committed" and "supportive". He has dedicated his life to working with those youth who are the most vulnerable and marginalized. In his spare time, he has recently helped create a non-profit, The Children's Fund, raising money to ensure all children who are involved with DCF Lowell have access to opportunities that enrich their lives such as camp, prom, senior class activities, etc.

In addition, he will often mentor and offer support to his peers especially those that are new to their role. Erik prides himself on being part of the DCF family, treating his co-workers, families and youth with the respect they deserve. On top of all this, Eric is happily married to his wife Pam and they are the parents of three beautiful children, Zac, Emily and Abby.

**Diruhi Mattian** was a social worker who, in the course of doing the work that meant so much to her, was tragically killed in 2008. Diruhi was extremely committed to her mission of helping youth at risk and their families. She was dedicated to her profession and driven to make a difference in the lives of young people. Diruhi was known to many as an advocate of self-care and for providing her colleagues with support and nurturance.

### Previous Award Winners

- 2010 - **Mike Duda**, YAR Founder and Pastor of First Church in Wenham
- 2011 - **Kelly O'Connor**, Director of the Gregg Neighborhood House Afterschool Program
- 2012 - **H. Bud Kelly**, a Licensed Independent Clinical Social Worker
- 2013 - **Mark Libon**, V.P. of Community Based services for Lahey Health Systems
- 2014 - **Donna Coe**, Nurse Practitioner at Lynn Community Health Center
- 2015 - **Patrick Foley**, Program Director for the Adolescent STARR program  
**Fred Mathieu**, Director of Kids Club program at Washington Street Baptist Church
- 2016 - **Carol Ireland**, VIP Team Advisor, Haverhill High School
- 2017 - **Deb A. Morrison**, School Social Worker, North Shore Education Consortium
- 2018 - **Nancy Edman Earls**, Director of the Newburyport Learning Enrichment Center

## Special Thanks to our YAR Contributors

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**Reverend Michael Duda**, co-founder of YAR, currently serves as the Senior Minister of First Church in Wenham, MA. Formerly the Chaplain and Director of Community Services at Endicott College, Duda holds a Master of Divinity from Gordon Conwell Theological Seminary and has helped numerous organizations use transformative dialogue to overcome conflict. His nonprofit work includes founding the Youth at Risk Initiative with the Essex County Community Foundation, more than two decades as the Executive Director of the Anchorage, Inc., (a residential program for at-risk adolescents in Beverly, MA) and serving on numerous nonprofit boards. He also has taught college level service-learning courses in philanthropy, developed alternative spring breaks for college students, organized multi-generational church service trips and leads workshops on meditation and contemplative prayer.

**Brochure Artwork – Daniella Cameron Santos, Alisa Colon, Esmirna DeLa Cruz, Alyssa Jimenez, Freddy Monroy**



**Resource Manual – Hailey MacDonald, Pathways for Children, Amy Ackroyd, Children's Friends and Family Services, A Division of JRI and student interns Caroll Ogando, Kayla Washington, Liam Carrol**

**Service Roadmap for Housing and Transportation Resources – Lea Hill, Department of Developmental Services**

**Centerpieces – Northshore Education Consortium**

**Entertainment – The Andover Vocal Music Program** is dedicated to providing high quality performing arts training for their students and they believe that by achieving excellence in the performing arts, students can and will strive for excellence in all areas. The Andover Show Choir has competed throughout New England and nationally in New York City. In 2011 they were the recipient of the Glee-Give-A-Note \$25,000 award that helped purchase music equipment and a Mac Lab that paved the way for Music Production and Music Theory classes at Andover High School. The show choir has given their time and talent to various community programs like Atria Place (an assisted living facility), Voices of Hope (a non-profit organization which raises money for cancer research at Mass General) and Andover Baptist Church's 2019 Martin Luther King Day celebration. During the 2018 gas emergency one of the students volunteered at a local shelter and, seeing how difficult things were for the families, she approached the Andover Music Program artistic team about having the show choir perform at the shelter. As a result, over 50 kids in the show choir and sang and danced for the families as well as the volunteer workers and the Red Cross. AHS Show Choir is proud to be at this year's event and thanks the coordinators for the opportunity to be a part of this important conference



## 2019 YAR Conference Committee

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### **Co-Chairs**

Jane Truesdell Ellis, Attorney

Hailey MacDonald, Pathways for Children

### **Committee**

Amy Ackroyd, Children's Friend and Family Services, A Division of JRI

Maria Avila, MA Society for the Prevention of Cruelty to Children/Eliot

Nicholas Bound, Department of Youth Services

Linnea Burrill, Department of Children & Families

Jeanne Corcoran, Salem State University

Missey Donohoe, Essex County Sheriff's Department (retired)

Taylor Dunn, Salem State University

Michelle Fyrer, Department of Children & Families

Staci Gergely, Lynn Juvenile Court

Lyle Harrod, DanversCARES and Center for Childhood and Youth Studies,  
Salem State University

Lea Hill, DDS, NE Regional Autism Services

Jenney Dale Holland, Salem State University

Kimberly Hutchins, Harborside Counseling, Private Practice & Consultation

Robert Lewis, Child Welfare Consultant, Coach, Trainer

Kathy Moriconi, Lawrence Family Development

Barbara Richards, Department of Youth Services

Linda Richards, Department of Mental Health

Fran Rosenberg, Northshore Education Consortium

Christine Shaw, Merrimack College

Karen Wilk, Educational Clinical Consultant (Beverly Public Schools –  
retired)

Jacqui Williams, Department of Public Health (retired)



## 2019 YAR Conference Exhibitors

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*As of May 17, 2019*

Association for Comprehensive Energy Psychology (ACEP)  
Becket Family of Services  
Big Sister Association of Greater Boston  
Blueskies Wellness Mental Health Services  
CASA - Court Appointed Special Advocates  
Children's Law Center of Massachusetts  
Department Of Children and Families  
Essex County Asset Builder Network  
Family Center for Counseling and Guidance-Catholic Charities  
Family Services of the Merrimack Valley  
Federation for Children with Special Needs  
Friends of Newburyport Youth Services  
Gateway to College at North Shore Community College  
GREATER LAWRENCE COMMUNITY ACTION COUNCIL, Inc. WIC PROGRAM  
Heathmere Center for Cultural Engagement  
Improbable Players  
Institute for Health and Recovery  
Lawrence Prospera - SISU Center  
Lesley University  
Mass Network Foster Care Alumni (MassNFCA)  
Mental Health Advocacy Program for Kids (MHAP for Kids)  
Minding Your Mind  
My Life My Choice  
New England Academy  
NFI Massachusetts  
NFI-Foundations for Families  
North Shore Alliance of GLBTQ Youth (nAGLY)  
North Shore Community Health Network  
North Shore Medical Center - Psychiatry Dept.  
Northeast Legal Aid, Inc.  
Pathways for Children  
Project Adventure  
Special Needs Advocacy Network, [www.spanmass.org](http://www.spanmass.org)  
Stepping Stones Family Services  
Stetson School, Inc.  
The Artful Life Counseling Center & Studio LLC  
The Edinburg Center  
The Haven Project  
The NAN Project  
WIC Health Nutrition Program  
Youth Villages

## Conference/Guest Access to SSU Wi-Fi

### Users With a Guest Account

**Username:** YouthatRisk2019

**Password:** YouthatRisk2019

Connect to SalemState-Open.

1. Open a web browser, such as Firefox or Safari, and navigate to [www.salemstate.edu](http://www.salemstate.edu). You will be redirected to the Wi-Fi page. Agree to the **Acceptable Use Policy**.
2. Select **LOGIN WITH GUEST ACCESS** (Users with a Guest Account).
3. Fill in Username and Password and click on **Continue**.
4. Fill in Guest Registration form and click on **Continue**.
5. Success – within a few seconds you will be redirected to the SSU webpage.

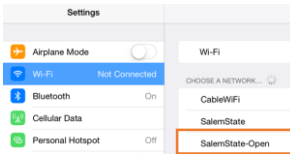
If you need assistance, contact the help desk at 978.542.2036 or [it-helpdesk@salemstate.edu](mailto:it-helpdesk@salemstate.edu)

# Conference/Guest Access to SSU Wi-Fi

## Users With a Guest Account

### 1. Connect to SalemState-Open

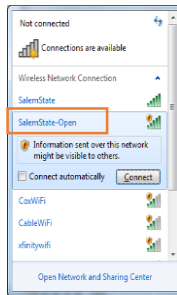
iPad



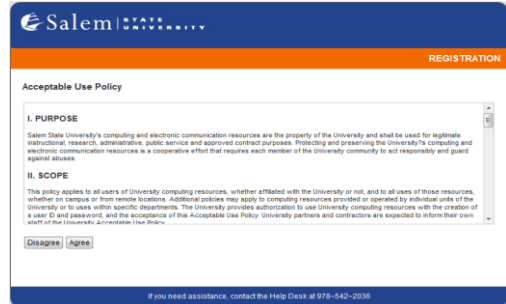
Mac OS



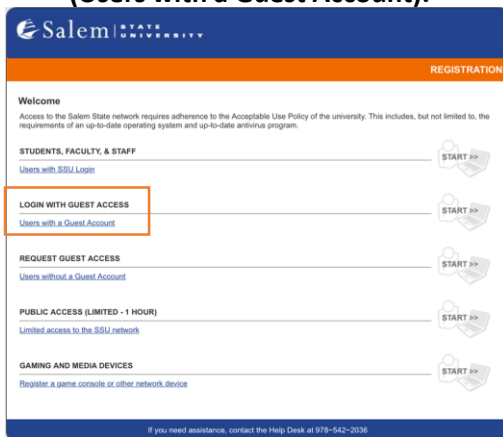
PC



### 2. Open a web browser, such as Firefox or Safari, and navigate to [www.salemstate.edu](http://www.salemstate.edu). You will be redirected to the Wi-Fi page. Agree to the Acceptable Use Policy



### 3. Select LOGIN WITH GUEST ACCESS (Users with a Guest Account).



### 4. Enter your Username and password.



### 5. Fill in the Guest Registration Form and click on Continue

A screenshot of the Salem State University 'Guest Registration' form. The form has fields for 'Email', 'Last Name', 'First Name', 'Phone', 'Person Visiting', and 'Note'. The 'Continue' button is highlighted with an orange box.

### 6. Success— within a few seconds you will be redirected to the SSU webpage.

