

Salem State University Spring 2022 Quarantine Protocols

*****Please read in its entirety for detailed information about your quarantine period*****

This protocol has been developed in compliance with the Massachusetts Department of Public Health, Salem Board of Health Department, and Centers for Disease Control for the management of COVID-19 on a college campus.

Quarantine Protocols

WHO:

- UNVACCINATED individuals and booster eligible VACCINATED individuals who have not received their booster who have been identified as having close contact (contact within 6ft for 15 minutes or more) of someone who has tested positive for COVID-19 during their infectious period (defined as 48 hours before their symptoms started, or they tested positive if asymptomatic).
- VACCINATED and boosted individuals and those fully vaccinated but not yet booster eligible who have uploaded their vaccination records to the health portal will NOT be required to quarantine after a close contact exposure.
- Individuals in quarantine are considered at an increased risk for becoming infected for the incubation period of SARS-CoV-2, which is 10 days following the exposure, despite negative test results.
- Considered at high risk for infection and despite negative test results, could test positive up to 10 days after close contact exposure.
- Individuals in quarantine are asymptomatic, or without any symptoms
- SSU will follow the most recent state and CDC quarantine guidelines. Individuals who are exposed as a close contact should stay home and quarantine for 5 days and access testing after day 5 before returning to campus.

WHERE:

- Private bedroom (away from other individuals in quarantine or isolation)
- Private bathroom
- Residential students will need to enact their quarantine and isolation departure plan to complete their quarantine off campus.
- You should not quarantine with other individuals in quarantine or isolation.

HOW:

- Must stay away from others, to the extents possible.
- Residential students: In preparation for relocating to off campus quarantine housing, pack clothing, bedding, towels, recreational activities, schoolwork, and any other essentials you could need for the duration of your isolation.
- You should NOT leave your private quarantine space for any non-urgent purposes. Do not go in public areas with other individuals including classes, dining hall, stores, activities, etc.
- Visitors STRICTLY prohibited
- If you must leave your quarantine space, you should distance and mask at all times.
- Plan to complete COVID testing, rapid antigen or PCR testing on day 5 and 10. You can schedule this appointment CoVerified or upload images of off campus test results to CoVerified.
- Exposed students and employees can schedule COVID testing on CoVerified, please follow testing site signage and stay in the area designated for symptomatic and exposed individuals only.

WHY:

- After exposure, UNVACCINATED and unboosted individuals are at increased risk of becoming infected with COVID-19 and thus spreading the infection to others
- To reduce the risk for community transmission, quarantine is required for UNVACCINATED and unboosted individuals by The Commonwealth of Massachusetts Department of Public Health and Salem State University.
- If symptoms develop during quarantine, please consult with health services to be tested as soon as feasible.
- **Failure to adhere to quarantine and isolation protocols could result in referral to community standards and disciplinary action, including suspension from housing due to the risks that nonadherence poses to the safety of our campus community.**

Terminology

Quarantine: Individuals who are UNVACCINATED or vaccinated and booster eligible but have not yet received their booster vaccine and are asymptomatic but have been exposed to COVID-19 via close contact with someone who has tested positive for COVID-19. If you are UNVACCINATED or unboosted, you may also be asked to quarantine to adhere to the MA Travel Order if you are returning from out-of-state or international travel, until you receive a negative test result. In quarantine, individuals must be asymptomatic and have a negative test. However, you must assume that you could be infectious to others and remain away from all others, with only the exceptions being emergencies or for medical appointments. Those in quarantine with a negative COVID test on day 5, may discontinue quarantine and return to in-person activities but must strictly mask for 10 days.

Isolation 1: Separation of a symptomatic individual from all others; COVID-19 is suspected but not yet confirmed by diagnostic testing. Must stay away from all others, including those that are in quarantine. Applies to both VACCINATED and UNVACCINATED individuals. Individuals are asked to remain isolated until receiving a negative Molecular test or a negative antigen test, confirmed by a Molecular test.

Isolation 2: Separation of an individual that has been diagnosed with a current COVID-19 infection, confirmed by diagnostic testing. You may be able to cohort with other individuals who have also tested positive, although we do generally recommend that you continue to isolate by yourself if possible. Applies to both VACCINATED and UNVACCINATED individuals.

Diagnostic Rapid Antigen Test (collected by a provider): Collected by nasal swab. Less accurate testing method than Molecular testing and should be confirmed with Molecular PCR or NAAT test. Results may be available within 45 minutes. Diagnostic rapid antigen testing is approved for symptomatic individuals only.

Rapid Antigen at home tests: Collected by nasal swab. Less accurate testing method than Molecular testing and should be confirmed with Molecular PCR or NAAT test for both positive and negative results. Results typically available in 15 minutes. Rapid antigen home testing is recommended primarily for symptomatic individuals but may also be completed for asymptomatic individuals to reduce risks prior to gathering indoors during periods of high community transmission rates. Positive or negative test results should be followed by confirmatory molecular testing.

Molecular Testing: Called "Molecular," "PCR," "NAAT." Collected by nasal swab and is the gold standard for COVID-19 testing for detecting a COVID19 infection. May also detect an old infection within the past 90 days and is not recommended for COVID recovered individuals to perform within their 90-day immunity period. Results typically available within 1-5 days.

Antibody Testing: Collected by blood sample. Not yet useful in determining if one is immune and thus not recommended for current use, but may be required to travel to certain countries. If this test is performed and is positive, current guidelines require a Molecular PCR test to be performed to rule out active current infection. Individuals must remain quarantined until PCR results are available.

Resources:

COUSLING AND HEALTH SERVICES: 978.542.6413

Health Services Portal: chsportal.salemstate.edu

Contact tracers: 978.542.3240

RESIDENCE LIFE: 978.542.6416

housing@salemstate.edu

VIKING DINING: vikingdining@salemstate.edu

Text "VikingComments" to 82257 | 978.542.2393

DISABILITY SERVICES: 978.542.6217

access@salemstate.edu

STUDENT LIFE CASE MANAGER: 978.542.6217

Rachel Frank: rfrank@salemstate.edu

STUDENT NAVIGATION CENTER: 978.542.8000

UNIVERSITY POLICE AND SAFETY: 978.542.6111
for on-campus emergency | 978.542.6511 for non-emergency

INSTAGRAM: [@salemstatewellness](https://www.instagram.com/salemstatewellness)

QUARANTINE AND ISOLATION WEBSITE:

salemstate.edu/quarantine