

# Salem State University Spring 2022 Isolation Protocols

***\*\*Please read in its entirety for detailed information about your isolation period\*\****

This protocol has been developed in compliance with the Massachusetts Department of Public Health, Salem Board of Health Department, and Centers for Disease Control for the management of COVID-19 on a college campus.

## Isolation 2 (COVID positive) Protocols

### **WHO:**

- All individuals, VACCINATED AND UNVACCINATED, who have tested positive for COVID-19
- Individuals may be asymptomatic or symptomatic

### **WHERE:**

- Private bedroom
- Private bathroom
- Residential students will need to enact their quarantine and isolation plan to complete their isolation off campus. Those who have previously shared extenuating circumstances with Residence Life on their departure plan, may be relocated to on-campus isolation housing where you will be provided a bedroom and bathroom away from any non-positive individuals.
- You may share isolation housing with other positive individuals..

### **HOW:**

- You may isolate only with other individuals who have also tested positive for COVID-19.
- Stay in isolation space away from all others until you are considered no longer infectious
  - Asymptomatic: 5 days from positive test, and if you have a negative antigen test after day 5..
  - Symptomatic: Remain isolated for 5-10 days until your symptoms are significantly improved and you have been without a fever for 24 hours without the aide of medication
  - You have received negative rapid antigen test results after day 5. If you have a positive result on day 6, you should isolate for 10 days.
  - Residential students should plan to isolate for a full 10 days. You may shorten your isolation period if your symptoms have resolved, you've had no fever in 24 hours, and you have had a negative antigen test after day 5. You must be cleared by CHS contact tracers to return to the residence halls.
- You should be prepared to notify any individuals that you have come into close contact with during your infectious period (48 hours before symptom onset OR positive test result if asymptomatic) of their exposure and need to test, monitor for symptoms, and potentially quarantine. Enable MassNotify on your phone to anonymously notify your close contacts of their exposure to you.
- Visitors to your room or home are STRICTLY prohibited
- Do not use any shared common spaces such as living areas, laundry rooms, shared kitchens, trash areas, mail room, etc.
- Residential students: In preparation for relocating to off or on-campus isolation housing, pack clothing, bedding, towels, recreational activities, schoolwork, and any other essentials you could need for the duration of your isolation.
  - If isolating on campus: Meals will be delivered or prepared in your private isolation space. If you have dietary needs, please contact Viking Dining directly
  - Residential students, regardless of where you are completing your isolation, are not cleared to discontinue isolation and return to their residence room until notified by health services or residence life that they are cleared to do so.
- You should NOT leave your private isolation space for any non-urgent purposes
- If you need to leave your isolation space for an emergency, you must physical distance at ALL times (at least 6 feet), wear a mask, and avoid public settings
- Use EPA approved disinfectants and clean high touch surfaces frequently and between use
- Do not attend in-person classes, work, or recreational activities
- Do not use public transportation or ride-sharing services
- Open windows to improve indoor air circulation
- Closely monitor health and communicate regularly with SSU health services.
- Schedule a health appointment if need medical evaluation and treatment on your student health portal

### **WHY:**

- ALL individuals, VACCINATED OR UNVACCINATED, who are confirmed to be infected with COVID-19 will be considered infectious towards others until they are deemed no longer to be infectious towards others
- A person is considered infectious up to 10 days after symptom onset or positive test date. A rapid negative test after day 5 with improvement of symptoms will deem you no longer infectious.
- To protect our community members and reduce the risk for community transmission, isolation 2 is required for

VACCINATED AND UNVACCINATED individuals by The Commonwealth of Massachusetts Department of Public Health and Salem State University.

**Failure to adhere to quarantine and isolation protocols could result in referral to community standards and disciplinary action, including suspension from housing due to the risks that nonadherence poses to the safety of our campus community.**

## Terminology

Quarantine: Individuals who are UNVACCINATED or vaccinated and booster eligible but have not yet received their booster vaccine and are asymptomatic but have been exposed to COVID-19 via close contact with someone who has tested positive for COVID-19. If you are UNVACCINATED or unboosted, you may also be asked to quarantine to adhere to the MA Travel Order if you are returning from out-of-state or international travel, until you receive a negative test result. In quarantine, individuals must be asymptomatic and have a negative test. However, you must assume that you could be infectious to others and remain away from all others, with only the exceptions being emergencies or for medical appointments. Those in quarantine with a negative COVID test on day 5, may discontinue quarantine and return to in-person activities but must strictly mask for 10 days.

Isolation 1: Separation of a symptomatic individual from all others; COVID-19 is suspected but not yet confirmed by diagnostic testing. Must stay away from all others, including those that are in quarantine. Applies to both VACCINATED and UNVACCINATED individuals. Individuals are asked to remain isolated until receiving a negative Molecular test or a negative antigen test, confirmed by a Molecular test.

Isolation 2: Separation of an individual that has been diagnosed with a current COVID-19 infection, confirmed by diagnostic testing. You may be able to cohort with other individuals who have also tested positive, although we do generally recommend that you continue to isolate by yourself if possible. Applies to both VACCINATED and UNVACCINATED individuals.

Diagnostic Rapid Antigen Test (collected by a provider): Collected by nasal swab. Less accurate testing method than Molecular testing and should be confirmed with Molecular PCR or NAAT test. Results may be available within 45 minutes. Diagnostic rapid antigen testing is approved for symptomatic individuals only.

Rapid Antigen at home tests: Collected by nasal swab. Less accurate testing method than Molecular testing and should be confirmed with Molecular PCR or NAAT test for both positive and negative results. Results typically available in 15 minutes. Rapid antigen home testing is recommended primarily for symptomatic individuals but may also be completed for asymptomatic individuals to reduce risks prior to gathering indoors during periods of high community transmission rates. Positive or negative test results should be followed by confirmatory molecular testing.

Molecular Testing: Called "Molecular," "PCR," "NAAT." Collected by nasal swab and is the gold standard for COVID-19 testing for detecting a COVID19 infection. May also detect an old infection within the past 90 days and is not recommended for COVID recovered individuals to perform within their 90-day immunity period. Results typically available within 1-5 days.

Antibody Testing: Collected by blood sample. Not yet useful in determining if one is immune and thus not recommended for current use, but may be required to travel to certain countries. If this test is performed and is positive, current guidelines require a Molecular PCR test to be performed to rule out active current infection. Individuals must remain quarantined until PCR results are available.

## Resources:

**COUSLING AND HEALTH SERVICES:** 978.542.6413

Health Services Portal: [chsportal.salemstate.edu](https://chsportal.salemstate.edu)

Contact tracers: 978.542.3240

**RESIDENCE LIFE:** 978.542.6416

[housing@salemstate.edu](mailto:housing@salemstate.edu)

**VIKING DINING:** [vikingdining@salemstate.edu](mailto:vikingdining@salemstate.edu)

Text "VikingComments" to 82257 | 978.542.2393

**DISABILITY SERVICES:** 978.542.6217

[access@salemstate.edu](mailto:access@salemstate.edu)

**STUDENT LIFE CASE MANAGER:** 978.542.6217

Rachel Frank: [rfrank@salemstate.edu](mailto:rfrank@salemstate.edu)

**STUDENT NAVIGATION CENTER:** 978.542.8000

**UNIVERSITY POLICE AND SAFETY:** 978.542.6111

for on-campus emergency | 978.542.6511 for non-emergency

**INSTAGRAM:** [@salemstatewellness](https://www.instagram.com/salemstatewellness)

**QUARANTINE AND ISOLATION WEBSITE:**

[salemstate.edu/quarantine](https://salemstate.edu/quarantine)