

YAR IS PROUD TO ENDORSE THE 7TH ANNUAL SALEM AS A SAFER CHILD COMMUNITY SYMPOSIUM

Presented by Salem State University's Center for Childhood and Youth Studies. Bringing together community members, students, faculty, government leaders, businesses, NGOs, faith communities, and all others who want to help advocate for the wellbeing of children, youth and young adults.

**Wednesday, April 1, 2019
8:30 am–9 pm
Salem State University
Ellison Campus Center
Salem, Mass. 01970**

BUILDING RESILIENCE SYMPOSIUM: STRENGTHENING THE LIVES OF CHILDREN AND YOUTH

Growing up can be hard. Parenting children can be hard. But there are professionals in our community who are ready, willing and able to help make growing up happier, healthier and safer. Join us for a full day of learning, networking and figuring out how to build the most resilient homes, schools and communities for our youngest citizens.

The Center for Childhood and Youth Studies' Symposium is FREE to the public. To register or for more information visit salemstate.edu/ccys19.

This event is sponsored by Parents Helping Parents

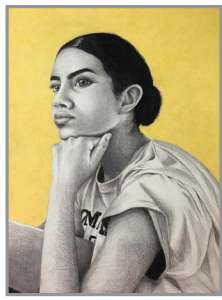
YAR IS PLEASED TO PRESENT THE FIRST EVER YOUTH AT RISK FILM SERIES: NORMIE

A full-length documentary film that explores the illusion of normal and the beauty of love through the lens of Down syndrome. Join us after the screening for a talk back with the film-makers. normiefilm.com

Applications for NASW, LMFT and LMHC CEUs have been submitted for approval.

**Thursday, May 30, 2019
6–8 pm
Salem State University
Ellison Campus Center, Vets Hall
Salem, Mass. 01970**

Register at salemstate.edu/YAR19Film.



The mission of YAR is to support communities of professionals serving youth and families, and to provide them with affordable continuing education. The 19th Annual Youth at Risk Conference features two keynote speakers and 38 morning and afternoon workshops.

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**FRIDAY
MAY 31, 2019**

**8 am–4 pm
Salem State University
O'Keefe Complex, 225 Canal St.**

Registration

Fee \$100 per person. Register early as workshop space is limited.

Price includes continental breakfast, lunch, and CEU's.

Registration is online only at salemstate.edu/yar. See in-depth workshop descriptions online.

Continuing Education

Applications for NASW, LMFT, LMHC, CPCS, EEC continuing education credits have been submitted for approval. CEUs will be awarded via email upon completion of conference survey. Look for YAR conference emails for further information and visit salemstate.edu/YAR for the status of CEU accreditation.

Networking and Exhibition

Participants will have an opportunity to network and gather resources from over 40 nonprofit organizations and businesses, including sponsors Salem State University and Lahey Health.

Program Artwork

Daniella Cameron Santos, Alisa Colon, Esmirra De la Cruz, Alyssa Jimenez, Freddy Monroy

Sponsorships

To learn more about YAR sponsorship opportunities, please contact Taylor Dunn, Salem State University Advancement Events and Sponsorships at tdunn@salemstate.edu.

Thank You To Our Sponsors (as of March):

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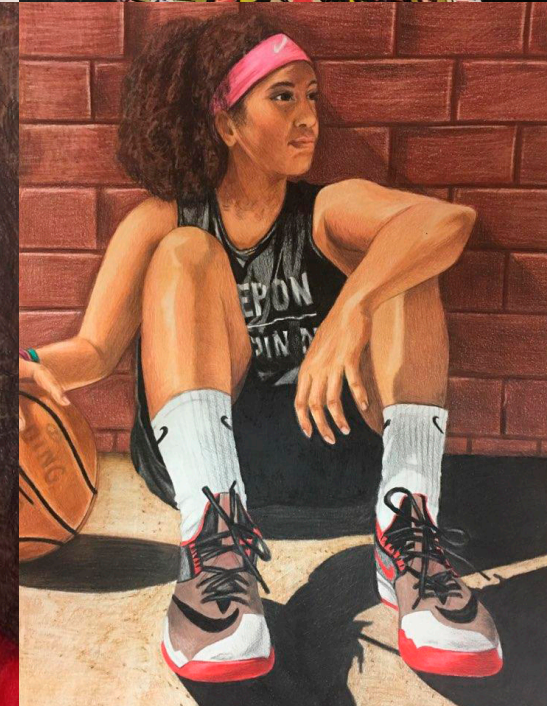
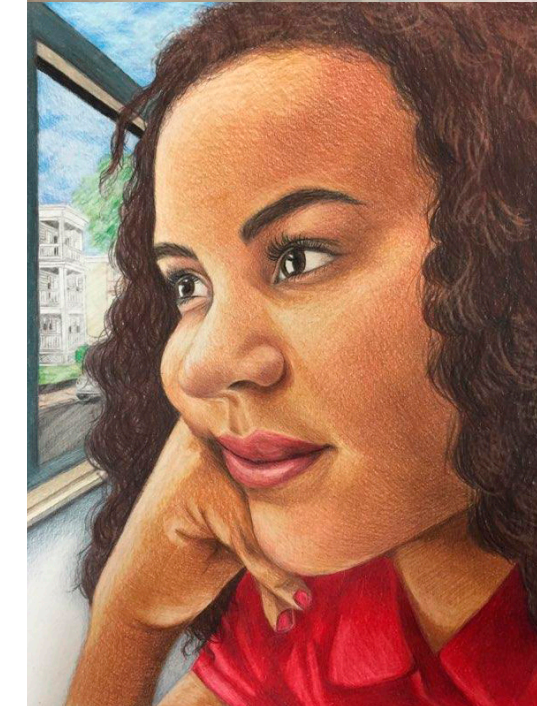
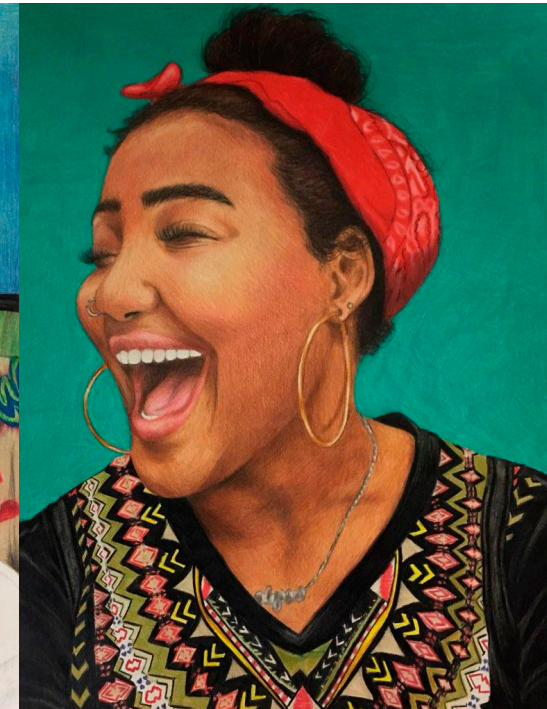
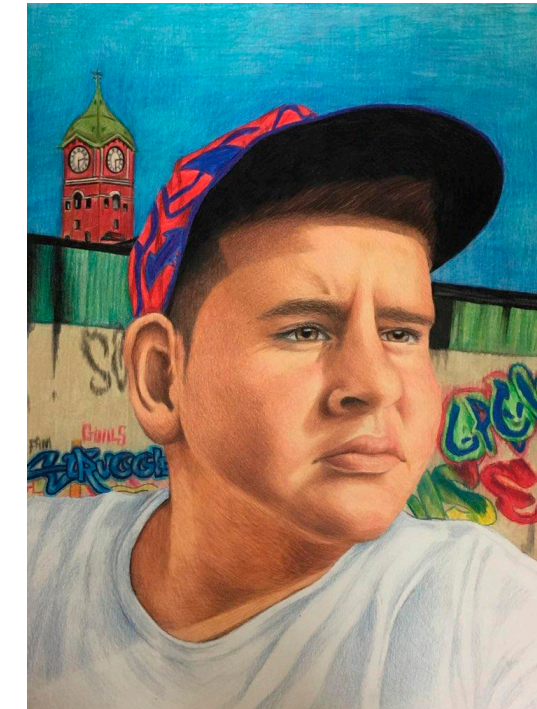
Benefactors

Dusky Fund at ECCF, Justice Resource Institute Inc.
Lynch/van Otterloo YMCA
Merrimack College, Salem Five Charitable Foundation

For access information, visit salemstate.edu/access or email access@salemstate.edu.



352 Lafayette Street
Salem, Massachusetts 01970-5353



19TH YAR CONFERENCE
May 31, 2019 // 8 am–4 pm



5:45–8:30 am // Optional Lynch/van Otterloo YMCA group exercise classes

Choose between three group classes or a day pass. Located less than one mile from campus with parking and amenities. Limited space available. First registered, first served.

8–8:45 am // Registration, Continental Breakfast, Exhibition and Networking

8:45–9 am // Welcome:

Master of Ceremonies, Reverend Mike Duda
Greetings from Salem State University President John D. Keenan

9–9:15 am // Diruhi Mattian Memorial Award

9:15–10:15 am // Morning Keynote: Sixto Cancel, founder and CEO of Think of Us—Using Tech and Data to Rethink Permanency



Sixto's lived experiences in foster care fuels his passion for shifting system policy and practice through the use of technology and data. As CEO of Think of Us, Sixto co-lead the design and execution of the first ever White House Foster Care and Technology Hackathon, which resulted in new federal regulations, new funding for tech in foster care, six additional hackathons, local technology initiatives, and helped shift the national conversation

about foster care and tech. Sixto has participated in over 25 convenings as a panelist, keynote or presenter. Sixto has served as a young fellow at Jim Casey Youth Opportunities Initiative since 2010, where he has worked on youth engagement, asset development and permanency. thinkof-us.org

10:40 am–12:10 pm // Morning Workshops Session descriptions are available online at salemstate.edu/yar ADV indicates an advanced level workshop.

1A #hackfostercare—Think of Us Demo

Sixto Cancel, founder and CEO, Think of Us

2A Honoring Our Children: Three Critical Questions

Jeanine Fitzgerald, MA, Fitzgerald Institute of Lifelong Learning

3A Using Film to Connect and Make a Difference

Kurt Neale, BA, Capernaum Inc.

ADV 4A Demystifying Student Discipline: A Legal Perspective

Catherine Lyons, JD, Lyons and Rogers LLC
Peter A. Hahn, JD, Law Office of Peter Hahn

5A Treat Yourself to Self-Care and Balance

Theresa Melito-Conners, PhD, Massachusetts Association of 766 Approved Private Schools

6A Preventing Loneliness and Social Isolation for Students with Severe Disabilities

Stephanie Coulliard, MEd, Kevin O'Grady School, Northshore Education Consortium
Sarah Chan, MS, Northshore Education Consortium

7A Grandparents Raising Grandchildren

Meegan Simpson-Best, BA, DCF
Matthew Peiken, LICSW, Children's Friend and Family Services, a division of JRI

8A Express Yourself: Arts Immersion for Youth at Risk

Paula Conrad, MEd, Express Yourself
Stan Strickland, MS, Express Yourself

9A Student Athletes and Mental Health: Recognizing Concerns and Utilizing Best Practices

Jim Howland, EdD, Merrimack College

10A Improbable Players: Using Theater to Support Recovery and Reduce Stigma

Andrew Short, Improbable Players

11A Culturally Responsive Family Engagement

Gayl Swaby, EdD, Springfield College

12A The Sensory Nature of Attachment

Katherine Walbam, PhD, Salem State University

ADV 13A Innovative Treatment Strategies to Support Trauma-Impacted Youth

Jana Pressley, PsyD, Trauma Center at Justice Resource Institute

14A Opening Up the Conversation in the Classroom Around Mental Health and Suicide

Jake Cavanaugh, BA, The NAN Project with The NAN Project Peer Mentor
Lizzie M. and Elli P.

15A Marijuana and the Developing Brain

Shawn Markey, LMHC, Lahey Health Behavioral Services

16A Coming Out: From Personal Perspectives

Greater Boston PFLAG

17A Tech Effects: Navigating the Social World in an Era of Technology

Meghan McCoy, EdD, Massachusetts Aggression Reduction Center

18A Unaccompanied Central American Minors: Integration Strategies Toward Healthy Family Reunification

Jasiel Fernandez, MA, Kids in Need of Defense
Alexandra Peredo-Carroll, JD, Kids in Need of Defense

19A Immigration: Basics and Know Your Rights

Emily Leung, JD, Justice Center of Southeast Massachusetts

20A Putting on New Lenses: Applying Cultural Humility and Intersectionality to Work with Children and Families

Elspeth Slayter, PhD, Salem State University School of Social Work
Lisa Johnson, PhD, Salem State University School of Social Work
Latoya Ogunbona, MSW Candidate, Salem State University School of Social Work

12:15-1 pm // Lunch and Networking

1–1:15 pm // Music Performance: Andover Show Choir

1:15–2:05 pm // Afternoon Keynote: Pamela Garramone, MEd Seven Ways to Feel Happier, Instantly!



Everyone wants to be happy; it is a true mindset. Working with youth and families who are at risk take up a lot of energy, we often don't prioritize ourselves. Pam Garramone, believes that happiness is a state of being. She is a teacher of Positive Psychology with many audiences. She is a life coach and founder of Thrive Now Boston- a happiness incubator. She has been awarded the MSSAA Gerald H. Silverman Friend of the Association

Award and MIAA Wellness Partner of the Year Award. In this interactive presentation, learn why happiness matters, practice science-based happiness boosters that will increase happiness and wellbeing instantly and learn how to form a new happiness habit. Pam's mission is to inspire, lead and coach so that others can learn about positive psychology. pamgarramone.com

2:20–3:50 pm // Afternoon Workshops:

1B Human Centered Technology and “Think of Us” Demonstration

Sixto Cancel, founder and CEO, Think of Us

2B Unstrung Heroes: You Deserve the Best

Jeanine Fitzgerald, MA, Fitzgerald Institute of Lifelong Learning

3B Using Film to Connect and Make a Difference, Kurt Neale, BA, Capernaum Inc.

4B Prosecutor Led Juvenile Diversion: A Restorative Justice Model

Michael Glennon, JD, Suffolk County District Attorney's Office
Nicole Robbins, MS, Suffolk County District Attorney's Office

5B Understanding “Reasonable Efforts” To Keep/Get Kids Safely Home

Jessica Berry, JD, Children's Law Center of Massachusetts, Hon. Kerry Ahern, JD, Essex Juvenile Court, Elizabeth Melo, LICSW, Committee for Public Counsel Services

6B Gangs in 2019: Who Are They and How Do We Work With Them?

Thomas Brooks, Sgt, Boston Police

7B Emotional Fitness and Meditation: A Practice for your Mind–Body–Soul

Susan Cooper, LICSW, Private Practice

ADV 8B The (R)Evolution of Me: Using Expressive Arts Therapies with Children and Adolescents to Express and Explore a Healthy Identity

Natalie Blue, LMHC, The Artful Life Counseling Center and Studio LLC
Madelene Pario, LMHC, The Artful Life Counseling Center and Studio LLC

9B Safe Spaces: Creating a Trauma-Sensitive Classroom Environment

Michaela Gile, MEd, MA, Northshore Recovery High School

10B A Mother's Journey Through Her Child's Addiction

Deb Wilson, MSN, Spaulding Rehabilitation Hospital

ADV 11B Improving Permanency Outcomes for the Most Vulnerable Youth

Caryn Lister, LICSW, Plummer Youth Promise
Christina Brackett, LICSW, Plummer Youth Promise

12B Positive Youth Development: Incorporating Youth Voice and Empowerment

Andrea Egmont, MA, City of Newburyport–Youth Services
Tina Los, MPH, Essex County Asset Builder Network

13B Mental Health Matters: Trauma, Attachment, and Think-Feel-Do

Myisha Rodrigues, LMHC, KIPP: MA

14B Addressing the Trauma of Community Violence

Charlene Luma, LICSW, Boston Trauma Response at JRI

ADV 15B My Life My Choice: An Advanced Look at the Practical Application of the Sexual Exploitation Prevention Solution Model

Amy Corbett, LMHC, My Life My Choice, Audrey Morrissey, My Life My Choice

16B Diversity and Inclusion in the Workplace and Its Impact on the Youth and Families Served

Mike Chery, MA, NFI Massachusetts
Janice Merion-Billings, LICSW, NFI Massachusetts

17B Understanding the Rights of LGBTQ Students—Strategies for Support and Safety

Staff from Mass Department of Elementary and Secondary Education
Safe Schools Program for LGBTQ Students

18B Issues for Immigrants Seeking Welfare Benefits

Naomi Meyer, JD, Greater Boston Legal Services

THANK YOU TO THE YAR LEADING SPONSORS



2019 YAR Conference Committee

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CEU's awarded electronically upon completion of conference survey