The mission of YAR is to support communities of professionals serving children, youth and families, and to provide them with affordable continuing education and collaborative networking and self-care opportunities.



The 17th Annual Youth at Risk Conference features keynote speakers and over 30 morning and afternoon workshops.



7:45 am-3:45 pm Salem State University, North Campus, McKeown Plaza, 352 Lafayette Street

REGISTRATION

Register by May 5 – Fee \$100/per person

Price includes continental breakfast, lunch, and CEU's. Sign up early as workshop space is limited.

Registration is online only at salemstate.edu/yar. See in-depth workshop descriptions online.

CONTINUING EDUCATION

Applications for NASW, LMFT, LMHC, CPCS, EEC, and NLN continuing education credits have been submitted for approval. Look for YAR conference emails for further information and visit salemstate.edu/yar for the status of CEU accreditation.

NETWORKING

Participants will have an opportunity to network and gather resources from over 40 nonprofit organizations and businesses.

SPECIAL THANKS

| Brochure Artwork | Koryssa Chaisson, Merrimack Academy Topsfield |
|------------------------|--|
| | of the CREST Collaborative |
| Resource Manual | Jessica Berry, Esq., Melissa Greenberg, |
| | Children's Law Center of Massachusetts |
| Service Roadmap | Lea Hill MBA |
| | Amanda Siciliano, Youth at Risk Committee Intern |
| Centerpieces | Pathways for Children |
| Entertainment | On Point Music Program, The Plummer Home |

SPONSORSHIPS

To learn more about YAR sponsorship opportunities, please contact Taylor Dunn, Salem State University at tdunn@salemstate.edu.

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17TH ANNUAL YAR CONFERENCE JUNE 9, 2017 // SALEM STATE UNIVERSITY **NEW LOCATION AND NEW DAY OF THE WEEK!**

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AGENDA

7:45-9 AM // Registration, Continental Breakfast, Exposition, and Networking

9-9:15 AM // Welcome

Master of Ceremonies, Reverend Mike Duda **Greetings from Salem State University**

9:15-9:30 AM // Diruhi Mattian Memorial Award

9:30-10:30 AM // The Trauma of Racism: Morning Keynote



Kenneth V. Hardy, PhD is professor of family therapy at Drexel University in Philadelphia and director of the Eikenberg Institute for

Relationships in New York where he maintains a private practice working with at-risk children and their families.

He has appeared on the "Oprah Winfrey Show," ABC's "20/20." "Dateline NBC," and PBS and was the featured Therapist in Living Room Wars, a Discovery Health Channel program devoted to providing family therapy to traumatized youth and their families.

A prolific published writer, he is co-author of several books including: Minorities and Family Therapy; and Teens Who Hurt: Clinical Interventions for Breaking the Cycle of Violence. His video "The Psychological Residuals of Slavery" serves to promote conversations about the intersections of race, oppression and trauma.

10:45 AM-12:15 PM // Morning Workshops

Session descriptions are available online at salemstate.edu/yar ADV indicates an advanced level workshop.

ADV 1A Education Law and Advocacy: Changes and Trends in Education Law Catherine Lyons, JD, Lyons and Rogers, LLC and Timothy Sindelar, JD, Hilton, Sindelar and Hahn

2A Meeting the Needs of Students with School Refusal, Anxiety and School Phobia Rvan Plosker, EdD, New England Academy

3A A Rising Crisis: Childhood Mental Illness in Schools

Ronnie Ray-Parrot, LICSW, Northshore Education Consortium and Windi Bowditch, LMHC, Northshore Consortium Academy Upper School

ADV 4A Taking Family Therapy to the Next Level: Blending Private Practice and Wraparound Amy Hubbard, LMHC, Family Focus, LLC and Marcia Ford, LMHC, Family Focus, LLC

5A Trauma Informed Yoga

Rebecca Millner, MPH, Lahey Health Behavioral Services and Kendra Maltais, LCSW, Lahev Health Behavioral Services

ADV 6A Current Trends in Psychotropic Medications

Sangita Mallick, MD, Lahey Health Behavioral Services and Marti Jo Palmer, RN, PCNS, Lahey Health Behavioral Services

- ADV 7A How Adoption Affects Identity Formation: Ages and Stages of Development in Adoption Joyce Maguire Pavao, LCSW, LMFT, Pavao Consulting and Coaching and Pre/Post
 - Adoption Consulting and Training
- ADV 8A Shifting Families Towards Acceptance of LGBTQ Youth Missy Sturtevant, LCSW, MaeBright Group, LLC

9A Meditation: The Practice of Mindfulness Susan Cooper, LICSW, Private Practice

10A Working with Difficult People: How to Create Positive Relationships at Work and **Dispel Workplace Negativity** Julie McGrath, LICSW, North Shore Medical Center

ADV 11A Motivational Interviewing with Teens in Recovery Michelle Lipinski, MEd, Northshore Recovery High School

12A Building our Youth Community with Pride Hope Watt-Bucci, LICSW, North Shore Pride, Inc and Gricel Ocasio, MBA, Rainbow Times

13A Cross Cultural Helping Skills through the Lens of the Intercultural Development Inventory: Developing the "I" in Diversity Mary Taylor Lewis, LICSW, Simmons College, Lesley University and National Taiwan

University and Minnie Battle Mayes, MA, International Partnerships and Ventures in Education

14A Trauma of Racism: Keynote Breakout Session Kenneth V. Hardy, PhD, Drexel University

15A Undocumented and Unafraid: Empowering Undocumented Immigrants to Know and **Exercise Their Rights**

Claire Valentin, JD, Children's Law Center of Massachusetts, Ofc, Michael LaRiviere, Salem Police Department, Jen Juste, JD, Northeast Justice Center, Emily Herzig, Northeast Justice Center

16A Commercial Sexual Exploitation: Understanding and Responding to Victims Nikki Valila, BA, My Life My Choice

17A Gangs in Lynn: Violence and Drugs on the Street

Lt. Peter Holey, Lynn Police Department and Ofc, Oren Wright, Lynn Police Department, Lynn Public Schools

12:15-1 PM // Lunch and Networking

1-1:15 PM // Music Performance: On Point Music Program. The Plummer Home

1:15-2:05 PM // Care of Caregivers: Afternoon Keynote



Susan Cooper is a licensed independent clinical social worker with a passion for self-care and assisting others in finding and living their most authentic self. She has provided support and guidance for the past 25 years to the Commonwealth of Massachusetts. Currently, she leads bereavement groups for local hospice and conducts psychosocial assessments for new patients in psychiatric hospital care. As a consultant to managers, Susan provides trauma support and stress management to employees around the state teaching meditation and self-care techniques.

2:15-3:45 PM // Afternoon Workshops:

ADV 1B Education Law and Advocacy: Case Analysis and Dispute Resolution Techniques Catherine Lyons, JD, Lyons and Rogers, LLC and Timothy Sindelar, JD, Hilton, Sindelar, and Hahn

2B Violence Threat Assessment and Management in Schools Robert Kinscherff, PhD, JD, William James College

ADV 3B Kids Who Challenge Us: Increasing School Engagement and Decreasing **Oppositional Behavior** Jessica Minahan, MEd, Behavior Analyst Consultant

4B The "S" Word, the Role of Schools in Suicide Prevention Brandy Brooks, MS, MA, EdD, Massachusetts Department of Public Health and Lurena Lee, MA, Massachusetts Department of Public Health

ADV 5B Comorbidity: Mental Health and Medical Concerns in Autism Jean Frazier, MD, UMASS Medical School

Social Services

Center of Massachusetts

Crisis Center

3:45 PM // CEU's Awarded

2017 YAR Committee Members

6B Addressing Trauma with Expressive Art

Suzanne Emmi, LICSW, Lahey Health Behavioral Services/ Solstice and Jana Nadolski, LMHC, ATR, Lahey Health Behavioral Services/Solstice

ADV 7B "I WANT TO SAY SOMETHING," Engaging adolescents in their permanency planning

James Lister, MBA, Plummer Home, Lauren Frey, LICSW, Plummer Home and Setou Ouattara, LICSW, Plummer Home

8B Recasting our Youth: Seeing the Real Person Not the Labels

Bob Lewis, LICSW, Consultant and Kashawn O. M. Little, BSW, Rowan County

ADV 9B Supervising in Times of Trauma

Mary Byrne, LICSW, BCD, Salem State University

10B Keeping the JOY in the Work that We Do!

Julie McGrath, LICSW, North Shore Medical Center

11B The Opioid Epidemic: Families Speak Out

Michelle Lipinski, MEd, Northshore Recovery High School

12B Bridge the Communication Gap: Boost Your Confidence to Empower Teenagers Stem Mahlatini, LCSW, Global Counseling and Coaching Services, Inc.

ADV 13B Working with Non-Binary and Trans* Youth: Assessment and Treatment Issues Sidney Trantham, PhD, Lesley University

14B Trauma of Racism: Keynote Breakout Session Kenneth V. Hardy, PhD, Drexel University

ADV 15B Navigating Health Care and Coverage as an Immigrant in Massachusetts Andrew Cohen, JD, Health Law Advocates and Claire Valentin, JD, Children's Law

16B A Coordinated Community Response to Sexual Violence

Salem State University (SSU) Community Response Team: Cassie Kao, MS, SSU, Neil Andrito, MA, SSU, Colleen Armstrong, JD, SSU, Elisa Castillo, PhD, SSU, Gene Labonte, MS, SSU Richard Riggs, BS, SSU and Ross Steinborn, MDiv, North Shore Rape

Chair, Jane Truesdell Ellis, Attorney Co-Chair, Hailey MacDonald, Pathways for Children Maria Avila, MA Society for the Prevention of Cruelty to Children Jessica Berry, Children's Law Center of Massachusetts Christine Biscardi, Juvenile Probation Officer (retired) Linnea Burrill, Department of Children and Families Claire Crane, Center for Community Schools, Salem State University Missey R. Donohoe, Lahey Health Behavioral Services Matthew Doyle, Castle Hill Counseling and Consulting Taylor Dunn, Advancement Events, Salem State University Nancy Ebersole, School of Nursing, Salem State University Michelle Fyrer, Department of Children and Families Staci Gergely, Salem Juvenile Court Lea Hill, DDS, NE Regional Autism Services Jenney Dale Holland, Advancement Events, Salem State University Kimberly T Hutchins, Harborside Counseling Services Bob Lewis, Consultant Omar Longus, Project SAEL, Salem State University Dick Muzzy, Catholic Charities North (retired) Linda M. Richards, Department of Mental Health Linda Sahovey, Endicott College/Tufts Medical Center Christine Shaw, Merrimack College Karen Wilk, Educational Clinical Consultant Jacqui Williams, Department of Public Health (retired)