

Advisor: \_\_\_\_\_

Name: \_\_\_\_\_

Date admitted into Major: \_\_\_\_\_

Transfer credits: \_\_\_\_\_

**BACHELOR OF SCIENCE  
SPORT, FITNESS AND LEISURE STUDIES  
AQUATIC MANAGEMENT CONCENTRATION**

**GENERAL EDUCATION CORE REQUIREMENTS**

**COURSES IN MAJOR (51 credits total)**

Competencies			
<input type="checkbox"/>	Basic College Math		
<input type="checkbox"/>	Reading Comprehension		
<input type="checkbox"/>	Computer Literacy		
ENG	101	Composition I	3 _____
ENG	102	Composition II	3 _____
SPC	101	(Public Speaking)	3 _____
SFL	_____	(Health)	3 _____
SFL	_____	(Activity)	.5 _____
SFL	_____	(Activity)	.5 _____
Distribution Sequences (18-20 credits)			
*	BIO	121	Diversity of Life 4 _____
*	BIO	122	World of Cells 4 _____
	HIS	101	History of World Civilization I 3 _____
	HIS	102	History of World Civilization II 3 _____
	_____	_____	(Literature I) 3 _____
	_____	_____	(Literature II) 3 _____
Distribution Electives (15 credits)			
Among the distribution electives, the student must earn at least 3 but no more than 9 additional semester hours in each of the three divisions.			
Humanities (Division I)			
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
Science/Mathematics (Division II)			
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
Social Sciences (Division III)			
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
(Note: Courses allowable as distribution electives are marked DI, DII, or DIII in the College Catalog.)			
<b>QUANTITATIVE (Q)</b>	_____	<b>DIVERSITY (V)</b>	_____
		<b>WRITING (W)</b>	_____

Freshman Year			
SFL	171	Fund. of Exercise & Conditioning	1 _____
SFL	185	Intro to SFL Studies	3 _____
SFL	217	Fitness Swimming	3 _____
SFL	291	Basic Swim. & Water Safety	1 _____
Sophomore Year			
SFL	200	Perceptual Motor Development	_____
		OR	
SFL	221	Perceptual Motor Learning	4 _____
SFL	251A	First Responder Training	3 _____
SFL	393B	Lifeguard Training	3 _____
SFL	_____	Dance	1 _____
SFL	_____	_____	1 _____
SFL	_____	_____	1 _____
SFL	_____	_____	1 _____
Junior Year			
SFL	215B	Aquatic Administration & Facility Operation	3 _____
SFL	373	Leisure & Fitness Programming & Management	3 _____
SFL	_____	_____	3 _____
SFL	_____	_____	3 _____
SFL	_____	Adventure	1 _____
SFL	_____	_____	1 _____
SFL	_____	_____	1 _____
Senior Year			
SFL	213B	Aquatic Therapy	3 _____
SFL	309	Kinesiology	3 _____
+	SFL	_____	3 _____
	SFL	_____	3 _____
	SFL	_____	1 _____
	SFL	_____	1 _____
Required Support Courses (7 credits)			
BIO	206	Structure/Function of Human Body	4 _____
BIO	324	Exercise Physiology	3 _____
FREE ELECTIVES (14 credits minimum)			
May be necessary to take additional credits to attain the minimum 120 credits required for graduation.			
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

\* These are **required** support courses which may also be used to satisfy the indicated Distribution requirements. A student may choose to fulfill Distribution requirements with courses other than the ones listed, but these listed courses must still be taken.  
 Note: If a course is used to satisfy two or more requirements, (for example, a support course and a distribution elective), the credits are counted in only one place. Using a course to satisfy more than one requirement does **not** reduce the total credits required for graduation.  
 + Recommended Department Electives: SFL 240B, 331, 340A, 370, 372A, 490A, 410, 510.

LEVEL I TO BE COMPLETED IN THE FIRST 30 CREDITS     LEVEL II TO BE COMPLETED IN THE FIRST 53 CREDITS     LEVEL III TO BE COMPLETED BEFORE GRADUATION  
 Exceptions in the timing of courses will be made for transfer students.