

Advisor: _____

Name: _____

Date admitted into Major: _____

Transfer credits: _____

**BACHELOR OF SCIENCE
SPORT AND MOVEMENT SCIENCE
HEALTH & CONSUMER SCIENCE CONCENTRATION
HEALTH/FAMILY AND CONSUMER SCIENCE TEACHER LICENSURE (PRE-K-12)**

GENERAL EDUCATION CORE REQUIREMENTS

Competencies				
<input type="checkbox"/>	Basic College Math			
<input type="checkbox"/>	Reading Comprehension			
<input type="checkbox"/>	Computer Literacy			
ENG	101	Composition I	3	_____
ENG	102	Composition II	3	_____
SPC	101	(Public Speaking)	3	_____
SMS	_____	(Health)	3	_____
SMS	_____	(Activity)	.5	_____
SMS	_____	(Activity)	.5	_____
Distribution Sequences (20 credits)				
*	BIO	200	Anatomy & Physiology I W/lab	4 _____
*	BIO	201	Anatomy & Physiology II W/lab	4 _____
	HIS	101	World History I	3 _____
	HIS	102	World History II	3 _____
	_____	_____	(Literature I)	3 _____
	_____	_____	(Literature II)	3 _____
Distribution Electives (15 credits)				
Among the distribution electives, the student must earn at least 3 but no more than 9 additional semester hours in each of the three divisions.				
Humanities (Division I)				
_____	_____	_____	_____	_____
Science/Mathematics (Division II)				
*	CHE	124	Gen. Chem. Life Sci.	4 _____
*	CHE	125	Chem. Life Processes	4 _____
Social Sciences (Division III)				
*	PSY	101	General Psychology	3 _____
*/+	HIS	_____	American Government	3 _____
(Note: Courses allowable as distribution electives are marked DI, DII, or DIII in the College Catalog.)				
QUANTITATIVE (Q) _____ DIVERSITY (V) _____ WRITING (W) _____				

COURSES IN MAJOR (43 credits total)

Freshman Year

SMS	171	Fund. of Exercise & Conditioning	1	_____
SMS	100	Intro to SMS Studies	1	_____
SMS	177	Movement Science and Health Pedagogy	3	_____

Sophomore Year

SMS	200	Perceptual Motor Development	3	_____
SMS	260	Intro to Health Ed & Health Promotion	3	_____
SMS	250	Nutrition & Physical Performance	3	_____
SMS	261	Consumer Health	3	_____
SMS	_____	Adventure	1	_____

Junior Year

SMS	361	Issues In Public and Community Health	3	_____
SMS	362	Techniques for Healthy & Safe Food Prep	3	_____
SMS	351	Disease & Illness of the Physically Active	3	_____
SMS	_____	_____	3	_____
SMS	140	Basic Swim. & Water Safety	1	_____
SMS	_____	Dance	1	_____

Senior Year

SMS	175	First Responder Training	3	_____
SMS	382	Phys Ed & Health for Child W/Special Needs	3	_____
SMS	460	Methods & Mats in Hlth/Fam & Consum Sci	3	_____
SMS	465	Directed Fld Exp Hlth/Family & Consum Sci	2	_____

REQUIRED SUPPORT COURSES (28 credits total)

*	BIO	105	Biological Systems	4 _____
*	IDS	320	Human Sexuality	3 _____
*	PSY	218	Childhood and Adolescence	3 _____
*	SOC	332	Sociology of the American Family	3 _____
*	EDU	319A	Day Care Teaching and Administration	3 _____
	EDU	473B	Stdnt Teach in Hlth/Fam & Consum Sci(PreK-12)12	_____

* These are **required** support courses which may also be used to satisfy the indicated Distribution requirements. A student may choose to fulfill Distribution requirements with courses other than the ones listed, but these listed courses must still be taken.

Note: If a course is used to satisfy two or more requirements, (for example, a support course and a distribution elective), the credits are counted in only one place. Using a course to satisfy more than one requirement does **not** reduce the total credits required for graduation.

+ Students may choose from HIS 204, 208, or 319.

LEVEL I TO BE COMPLETED IN THE FIRST 30 CREDITS LEVEL II TO BE COMPLETED IN THE FIRST 53 CREDITS LEVEL III TO BE COMPLETED BEFORE GRADUATION

Exceptions in the timing of courses will be made for transfer students.