

SSC COUNSELING & HEALTH SERVICES
PLAN B (Emergency Contraception) INSTRUCTIONS

- Swallow the two tablets by mouth with food or milk as soon as possible, but no later than 120 hours after unprotected intercourse.
- Follow the instructions that come with your medication.
- If your period does not start within 2-3 weeks, see your clinician for an exam and confidential, free pregnancy test.
- Plan B does not protect you from pregnancy after treatment. Do not have unprotected intercourse in the days or weeks after this medication. As soon as possible, begin using a method of birth control consistently and correctly. Discuss birth control options with your clinician and partner.
- Use condoms every time you have sex to reduce your risk of getting any sexually transmitted infections, including HIV or AIDS.

Directions for Use with Oral Contraceptives

- If you are using emergency contraception because of missed pills, take Plan B as directed.
- Restart birth control pills the day after taking Plan B. (Punch out and discard the missed pills.)
- You will need to use a back up method of birth control for one week

Call Campus Police at 978-542-6111

or

Go to the nearest Emergency Room

if you experience any of the following after taking Plan B:

Jaundice – yellowing of skin or whites of eyes

Severe headache, dizziness, weakness, numbness, or trouble speaking

Blurred vision, loss of vision

Chest pain, shortness of breath, or difficulty breathing

Severe abdominal or leg pain (especially the calf)