

Physical Education Teacher Education Program Outcomes aligned with the National Association for Sport and Physical Education (NASPE) 2008 Standards

NASPE ASSESSMENT	KNOW	DO	ASSESSMENT INSTRUMENT	ASSESSED IN
Standard 1: Scientific and Theoretical Knowledge - Physical education teacher candidates know and apply discipline-specific scientific and theoretical concepts critical to the development of physically educated individuals.	MTEL Objective portion of the exam (multiple choice)	MTEL Essays (application of knowledge to scenarios)	Massachusetts Tests for Educational Licensure (MTEL) Physical Education Exam Field 22	Prior to SMS 380/381
Standard 2: Skill and Fitness Based Competence*- Physical education teacher candidates are physically educated individuals with the knowledge and skills necessary to demonstrate competent movement performance and health enhancing fitness as delineated in the NASPE K – 12 Standards.	N/A	Fitnessgram Healthy Zone Standards ages 17-30 (aerobic capacity, flexibility, muscular strength and endurance,	Fitnessgram Testing Protocol by the Cooper's Institute	SMS 383 Prior to SMS 485
		Motor Skills	Performance Assessment	SMS 163 SMS 161
Standard 3: Planning and Implementation - Physical education teacher candidates plan and implement developmentally appropriate learning experiences aligned with local, state, and national standards to address the diverse needs of all students.	Designing lesson plans	Implementing lesson plans	Lesson Plan Rubric	SMS 380/381 SMS 485 EDU 462C/472C

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Standard 4: Instructional Delivery and Management - Physical education teacher candidates use effective communication and pedagogical skills and strategies to enhance student engagement and learning.	Effective planning, teaching, and managing of student actions and interactions	Delivery of instruction, classroom management, creating a student centered learning environment	Massachusetts State Department of Elementary and Secondary Education Preservice Performance Assessment (PPA) for Practicum Section A, B, & C	EDU 462C/472C
Standard 5: Impact on Student Learning - Physical education teacher candidates utilize assessments and reflection to foster student learning and inform instructional decisions.	Pre and Post Testing Protocol	Analyze results, plan intervention using the think, plan, do, act, cycle	Pre- Post Assessment Rubric	SMS 485 EDU 462C/472C
Standard 6: Professionalism - Physical education teacher candidates demonstrate dispositions essential to becoming effective professionals.	Self reflection of professional teacher dispositions	Demonstrate professional teacher dispositions	Massachusetts State Department of Elementary and Secondary Education Preservice Performance Assessment (PPA) for Practicum Section D & E and the SSU Professional Attributes Scale	EDU 462C/472C
Optional Assessment				
Planning, designing, and implementing a unit plan that includes unit objectives, contextual information, management scheme, a block plan, 12 lessons, and 4 assessments	Planning a complete unit plan	Teach from the unit plan	Unit Plan Rubric	SMS 485 EDU 462C/472C